

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			March	1 ASH WEDNESDAY <i>Word/Ashes</i> 9am & 5:30pm Mass & Ashes 7pm <i>Fast & No Meat</i>	2 Morning Mass 9am Evening Prayer 5:30pm-Chapel	3 No Meat Way of the Cross- 5:30pm K of C Fish Fry 6:30pm- 8pm	4 Reconciliation 4pm-4:30pm Mass 5pm
Ash Wednesday to Easter							
5 <i>1st Sunday of Lent</i> Masses 9am & 11:45am RITE OF SENDING FORTH 9AM RITE OF ELECTION Cathedral 7:00pm	6 Morning Mass 9am Evening Prayer 5:30pm-Chapel	7 Morning Mass 9am Evening Prayer 5:30pm-Chapel	8 Rosary 9am St Francis Chapel Reconciliation (By appt.) 5:45pm Mass 6:00pm Journey of Faith 7:00pm	9 Morning Mass 9am Evening Prayer 5:30pm-Chapel	10 No Meat Way of the Cross- 5:30pm YOUTH MEAL Fettuccine Alfredo Meatless Spaghetti 6:30pm- 8pm	11 Reconciliation 4pm-4:30pm Mass 5pm	
12 <i>2nd Sunday of Lent</i> Mass 9am & 11:45am	13 Morning Mass 9am Evening Prayer 5:30pm-Chapel <div style="border: 2px solid black; padding: 2px; text-align: center;"> ALPHA 6:30pm JC </div>	14 Morning Mass 9am Evening Prayer 5:30pm-Chapel	15 Rosary 9am St Francis Chapel Reconciliation (By appt.) 5:45pm Mass 6:00pm Journey of Faith 7:00pm	16 Morning Mass 9am Evening Prayer 5:30pm-Chapel	17 No Meat Way of the Cross- 5:30pm K of C Fish Fry 6:30pm- 8pm	18 Reconciliation 4pm-4:30pm Mass 5pm	
19 <i>3rd Sunday of Lent</i> Masses 9am & 11:45am 1st Scrutiny Catechumens	20 Mass 9am Evening Prayer 5:30pm-Chapel <div style="border: 2px solid black; padding: 2px; text-align: center;"> ALPHA 6:30pm JC </div>	21 Morning Mass 9am Evening Prayer 5:30pm-Chapel	22 Rosary 9am St Francis Chapel Reconciliation (By appt.) 5:45pm Mass 6:00pm Journey of Faith 7:00pm	23 Morning Mass 9am Evening Prayer 5:30pm-Chapel	24 No Meat LIVING STATIONS OF THE CROSS 5:30pm YOUTH MEAL- Soup & Sandwich 6:30-8pm	25 Reconciliation 4pm-4:30pm Mass 5pm	

The dual disciplines of fasting and abstinence have a long history in the Catholic Church. Going back to the early Church, the purpose behind the custom of self-denial is not punishment; it is to simplify our life styles so that we create a certain emptiness. In this way, freed from all distractions, we are able to hear and respond to God's continued call to conversion and holiness.

FASTING is to be observed on Ash Wednesday and Good Friday by all Catholics between the ages of 18 and 59 years (inclusive). On the days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to need, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

ABSTINENCE from meat is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, all the Fridays of Lent, and Good Friday are days of abstinence.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 MARCH 4 th Sunday of Lent Masses 9 & 11:45am 2 nd Scrutiny Catechumens	27 Morning Mass 9am Evening Prayer 5:30pm-Chapel ALPHA 6:30pm JC	28 Morning Mass 9am TAIZE PRAYER 7pm St Francis Chapel	29 Rosary 9am St Francis Chapel Reconciliation (By appt) 5:45pm Mass 6:00pm Journey of Faith 7:00pm	30 Morning Mass 9am Evening Prayer 5:30pm-Chapel	31 APRIL <i>No Meat</i> Way of the Cross- 5:30pm K of C Fish Fry 6:30pm- 8pm	1 Reconciliation 4pm-4:30pm Mass 5pm
2 5 th Sunday of Lent Mass 9am & 11:45am 3 rd Scrutiny Catechumens	3 Morning Mass 9am Evening Prayer 5:30pm-Chapel ALPHA 6:30pm JC	4 Morning Mass 9am Evening Prayer 5:30pm-Chapel	5 Rosary 9am St Francis Chapel Reconciliation (By appt) 5:45pm Mass 6:00pm Journey of Faith 7:00pm	6 Morning Mass 9am Evening Prayer 5:30pm-Chapel	7 <i>No Meat</i> LIVING STATIONS OF THE CROSS 5:30pm YOUTH MEAL Grilled Salmon 6:30-8pm	8 Reconciliation 4pm-4:30pm Mass 5pm
9 Palm Sunday of the Lord's Passion Mass 9 am & 11:45am HOLY WEEK BEGINS Parish Bake Sale & Raffle PARISH PENANCE SERVICE 5PM	10 Morning Mass 9am Evening Prayer 5:30pm-Chapel	11 <i>Chrism Mass at Cathedral</i> <i>Blessing of Oils</i> <i>Priests Renew Their Promises</i> 6pm	12 Rosary 9am St Francis Chapel NO Mass or Confessions Journey of Faith Evening of Reflection 6:30pm-Church	13 HOLY THURSDAY* <i>Mass of the Lord's Supper</i> <i>New Catholics received into the Church</i> 6:30pm <i>Adoration until Midnight</i> 11:45 pm Night Prayer	14 GOOD FRIDAY <i>of the Lord's Passion</i> <i>The Lord's Passion Holy Communion Solemn Veneration of the Cross</i> 6:30pm <i>Fast & No Meat</i>	15 HOLY SATURDAY* <i>The EASTER VIGIL</i> <i>Initiation of Catechumens/ First Mass of Easter</i> 8:15pm
16 EASTER SUNDAY CHRIST IS RISEN! HE IS TRULY RISEN! Masses 9 & 11:45am EASTER EGG HUNT after 9am Mass	17 EASTER MONDAY Morning Mass 9am			*Childcare is available for Holy Thursday services		*Childcare is available for Holy Saturday services